If You Have Experienced Sexual Assault, Intimate Partner Violence, or Stalking

Immediate steps
• Go to a safe place. Your RA’s room, a friend’s room, or any open offices on campus.
• Call someone you trust. A friend, family member, or victim advocate are good resources. You do not have to go through this alone.
• Preserve evidence. After sexual assault, do not shower until you have considered whether to have a no-cost sexual assault forensic exam within 120 hours of the assault. You do not need to make a formal report or press charges to have a sexual assault forensic exam. Save the clothes you were wearing (unwashed) in a paper or cloth bag. After sexual assault, intimate partner violence, and/or stalking, take photos of any damage or injury and keep communication records (e.g. texts, emails, letters).

Within 24 hours
• Seek out support. You may want to turn to an advocate or counselor for support and advice. They will talk with you about your options for additional support services and reporting.
• After unwanted physical contact, get medical attention. A medical provider can check for and treat physical injury, sexually transmitted infections, and pregnancy. You do not need to make a formal report or press charges to receive medical care.
• At any time
  • Consider making a formal report. You are encouraged to report what happened to both the police and the University. You can decide how much you would like to participate in any investigation process.
  • UConn can help. Campus-based resources, like the Dean of Students Office, can help you with changes to your housing, classes, work, and more. You do not need to make a formal report or press charges to receive supportive measures and resources from UConn.

UConn’s Commitment to a Safe and Supportive Community

UConn is committed to creating and maintaining a campus environment free from all forms of sexual assault, intimate partner violence, and stalking. All reports are taken with the utmost seriousness. Retaliation against any person who makes a report is strictly prohibited.

The Policy Against Discrimination, Harassment, and Related Interpersonal Violence (the Policy), contains detailed information about reporting, accessing campus and community resources, investigations, and more.

Supportive Measures
The resources listed in this brochure can help with a range of supportive measures, including but not limited to: medical and counseling services; academic support; leaves of absence; modifications to working/living situations and class schedules; assistance with transportation, financial aid, visa, and immigration issues; enacting mutual University no-contact letters; and referrals to legal and advocacy services.

Employee Reporting
Under the Policy, employees who witness or receive a report of sexual assault, intimate partner violence or stalking must report the incident to the Office of Institutional Equity (OIE). Exceptions include confidential and exempt employees as defined in this brochure and in the Policy.

Under the Clery Act, many employees also have a duty under federal law to report crimes to UConn Police. Their report to police will include the date, time, place, and nature of the incident.

What is Sexual Assault? Sexual assault consists of sexual contact and/or sexual intercourse that occurs without consent. Sexual assault can happen to anyone, regardless of gender.

What is Consent? Consent is an understandable exchange of affirmative words or actions, which indicate a willingness to participate in mutually agreed upon sexual activity. Consent must be informed, freely and actively given. It is the responsibility of the initiator to obtain clear and affirmative responses at each stage of sexual involvement. Consent to one form of sexual activity (like kissing) does not imply consent to other forms of sexual activity (like sex). The lack of a negative response is not consent. An individual who is incapacitated by alcohol and/or other drugs, both voluntarily or involuntarily consumed, may not give consent. Past consent of sexual activity does not imply ongoing future consent.

What is Intimate Partner Violence (IPV)?
IPV includes any act of violence or threatened act of violence that occurs between individuals who are involved or have been involved in a sexual, dating, spousal, domestic, or other intimate relationship. IPV may include Sexual Assault, Stalking, and/or physical assault. IPV may involve a pattern of behavior used to establish power and control over another person through fear and intimidation, or may involve one-time conduct. This behavior can be verbal, emotional, and/or physical.

What is Stalking? Stalking means engaging in a course of conduct directed at a specific individual that would cause a reasonable person to fear for their safety or the safety of others, or for the individual to suffer substantial emotional distress. Stalking includes unwanted, repeated, or cumulative behaviors that serve no purpose other than to threaten, or cause fear for another individual.
Reporting and Investigations
Impacted individuals are strongly encouraged to make a report to both the police and to the University for assistance and investigation. Students and employees who violate University policies and conduct codes may be subject to discipline up to and including expulsion and/or termination. Victim-survivors have the right to report without further participation in any investigation.

You do not need to make a formal complaint to receive support and resources from UConn.

Confidential Resources

Confidential Resources (On-Campus)

NOT required to report to OIE

Student Health and Wellness
studenthealth.uconn.edu

Medical Care
Advice Nurse on call 24/7*: 860.486.4700
For Office Hours visit studenthealth.uconn.edu
Hilda May Williams Building
860.486.2719 (Appointment Desk)
• Crisis and follow-up care for victim-survivors
• Free medical examinations, medications, STD testing, and referrals to counseling
• Site for sexual assault forensic examinations (Fall and Spring semesters)
* During the fall and spring semesters

Mental Health
Therapist on call 24/7*: 860.486.4705
For Office Hours visit studenthealth.uconn.edu
Arjona Building
860.486.4705
• Immediate crisis intervention and therapy
• Therapists can be accessed by appointment, walk-in, or after-hours emergency
* During semester and summer breaks, Emergency Services available 8:30 a.m. – 4:30 p.m. Monday – Friday

Stronger Support Group
Contact 860.486.4705 for meeting times
• Confidential, supportive discussion group for UConn student victim-survivors to gain strength and empowerment

Confidential Resources (Off-Campus)

NOT required to report to OIE
All services are free and confidential.

Connecticut Alliance to End Sexual Violence
Statewide Hotline: 1.888.999.5545 (24/7)
Spanish Hotline: 1.888.568.8332 (24/7)
• Crisis and short-term counseling
• Hospital, police, and court accompaniment
• Information and referral services, including legal assistance
• Support for victim-survivors of sexual violence

Stors-Mansfeld and Avery Point Areas
Local Hotline: 860.456.2789
Sexual Assault Crisis Center of Eastern Connecticut
Waterbury Area - Local Hotline: 203.753.3613
Safe Haven of Greater Waterbury
Torrington Area - Local Hotline: 860.482.7133
Susan B. Anthony Project
Hartford Area - Local Hotline: 860.547.1022
YWCA Sexual Assault Crisis Services

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Exempt Resources

Exempt Resources (On-Campus)

NOT required to report to OIE

Cultural Centers (CC) and Women’s Center
8 a.m. – 5 p.m., Monday – Friday
Student Union, Fourth Floor
African American CC | aacc.uconn.edu
Asian American CC | aasacc.uconn.edu
Puerto Rican Latin American CC | latinx.uconn.edu
Rainbow Center | rainbowcenter.uconn.edu
Women’s Center
860.486.4738 | womenscenter.uconn.edu
• Provides advocacy, support, and referral services for victim-survivors regardless of gender identity

In-Power Support Group
Contact In-Powers@uconn.edu for meeting times
• Student-led group dedicated to building a gender-inclusive community welcoming victim-survivors at any point in their healing process